



SESSIONS ON WEDNESDAY APRIL 24TH

- 1. Contrast Echocardiography Course Didactic Day One
- 2. Acute Cardiac Emergencies Course Didactic Day One
- 3. School Of Intervention
 - How To Do Peripheral Artery Intervention
 - How To Do <u>Trans-Septal Puncture</u>
- 4. Round Table Meetings (Invitation Only)
 - Cardiovascular Research in Africa
 - Sudden Cardiac Arrest in Africa
- 5. The Best Clinical Cases Submitted (Part 1)
- 6. Simulator Room
 - Percutaneous Coronary Intervention (Mazen Albaghdadi)

SESSIONS ON THURSDAY APRIL 25TH

- 7. The Plenary Program Heart-Of-Africa Congress
- 8. Contrast Echocardiography Hands-on (Limited numbers)
- 9. The Best Clinical Cases Submitted (Part 2)
- 10. <u>Acute Cardiac Emergencies Course Workshops</u> Focus On The ECG In Acute Cardiac Emergencies, How To Administer Thrombolysis And First Responder Priorities
- 11. School Of Intervention
 - How To Do Percutaneous Coronary Intervention
- 12. Round Table: Quality and Access in Echo in Africa (Invitation Only)

SESSIONS ON FRIDAY APRIL 26TH

- 13. The Plenary Program Heart-Of-Africa Congress
- 14. The Moderated Abstracts
- 15. The Best Clinical Cases Submitted (Part 3)
- 16. Acute Cardiovascular Care Course Workshops Focus On POCUS
- 17. School Of Intervention
 - How To Do: LBB Area Pacing
 - How To Do: Advanced PCI
 - Simulator TAVR (Etienne Amendeezo)
 - Simulator CRT (Muzahir Tayebjee)

SESSIONS ON SATURDAY APRIL 27TH

- 18. <u>The Heart Clinic</u> Ambulatory Cardiology For Doctors and Cardiac Nurses and Technicians
- 19. Cardiovascular Intervention Africa
- 20. Simulator: Peripheral Artery Disease Intervention (Mustafa Musajee)
- 21. Advanced Cardiac Life Support (ACLS) Certified Course
- 22. The Best Clinical Cases Submitted (Part 4)

WEDNESDAY APRIL 24TH

- 1. Contrast Echocardiography Course
- 2. Acute Cardiac Emergencies Course
- 3. School Of Intervention
 - a. How To Do Peripheral Artery Intervention
 - b. How To Do Trans-Septal Puncture
- 4. Round Table Meetings (Invitation Only)
 - a. Cardiovascular Research in Africa
 - b. Sudden Cardiac Arrest in Africa
- 5. The Best Clinical Cases (Part 1)
- 6. Simulators
 - a. Peripheral Artery Disease Intervention
 - b. Percutaneous Coronary Intervention

1. Contrast Echocardiography Course

An africaSTEMI course intended for cardiologists, cardiac sonographers and physicians who have a passion for echo and imaging.

Case based clinical echocardiography teaching with an emphasis on myocardial wall motion and cardiac function assessment in coronary artery disease, chest pain syndromes and complications of myocardial infarction. Case examples you will have never seen before with a world leading faculty! This year's course focuses on the use of contrast in ecbocardiography and addresses any misconceptions about contrast technologies. This will be the first ever course on contrast echo in Africa.

| | WEDNESDAY APRIL 24 th 2024 | |
|------|---|------------------------------|
| | CONTRAST ECHO LIVE! | |
| 0800 | Introduction – Why this course. Advancing your echo practice and pushing | Bernard Samia, Kenya |
| | the boundaries | |
| 0830 | The fundamentals of contrast echo | Jonathan Lindner, USA |
| | 1. Indications, contraindications, drawbacks, uses, contrast types and | (Live Case Sonographer Mike |
| | preparation/formulations, consent | Foster) |
| | 2. How to implement contrast in an echo lab | |
| | 3. Settings on echo machine | |
| | 4. Live demo with hands on | Panelist: Mzee Ngunga, Kenya |
| | | |
| 1000 | Wall motion assessment using contrast | Hasham Varwani Canada/Kenya |
| | | (v) |
| 1030 | Tea break | |
| 1100 | Assessment of LV aneurysm and LV thrombus with contrast | Jonathan Lindner, USA |
| 1130 | How to perform stress echo with contrast and without contrast | Debra Isaac, Canada |
| 1230 | Lunch | |
| 1300 | Debate: Contrast echo vs Cardiac radiology (MRI/CT) for LV thrombus in | Hasham Varwani vs. Cynthia |
| | Africa (10 minutes each speaker) | Sempele |
| 1400 | Myocardial contrast perfusion – applying the fundamentals | Jonathan Lindner, USA |
| 1430 | Contrast "Zebras" – interesting and instructive cases | Vince Sorrel, USA (v) |
| 1500 | Interactive Q&A | |
| 1515 | ACS mimickers on echo with and without contrast | Vince Sorrel, USA (v) |
| 1545 | Tea break | |
| 1600 | Using agitated saline contrast in transthoracic and transesophageal echo: | Sheila Klassen, USA |
| | step by step | |
| 1640 | Post-course assessment and certificates | |

2. Acute Cardiac Emergencies Course

A course intended for primary care doctors, physicians in internal medicine and doctors in the emergency setting.

Acute cardiac emergency scenarios taught through case scenarios, enhanced by hands on simulation training and emphasized by utilization of point-of-care ultrasound.

Key topics covered

- 1. Acute Heart Failure
- 2. Acute Chest Pain
- 3. Acute Pulmonary Embolism
- 4. Hypertensive Crisis
- 5. Management of Tachycardias
- 6. Management of Bradycardias
- 7. Cardiac Tamponade

Objectives: At the end of the course, the clinician will be able to

- 1. Recognise important acute cardiac conditions in primary care/outpatient/emergency department setting (presentation, symptoms, vital signs)
- 2. Build a differential diagnosis in primary care/outpatient/emergency setting
- 3. Build competence in ECG and Point of care ultrasound (POCUS) as central diagnostic tools for all cadres of clinician
- 4. Utilize and interpret blood tests and imaging in the evaluation of all acute cardiac conditions
- 5. Understand and outline treatment and best practice in both resource-rich and resource constrained settings.

Bonus: Full ACLS/BLS certification following completion of assessment and simulators (at a heavily subsidised cost).

| TIME | TITLE OF THE TALK | DISCUSSANTS AND MODERATORS |
|------|---|---|
| 0800 | An introduction to a new paradigm of collaborative learning | Drs. Parag, Gikonyo, Jeilan, Adams |
| 0915 | How to approach chest pain in A&E - Acute Coronary Syndromes | Drs. Priyanka, Adams, Gikonyo, Parag |
| 1030 | Time to stretch yourselves! BREAK | |
| 1100 | How to approach a patient with shortness of breath in A&E - Acute Decompensated Heart Failure | Dr. Akshay Dr. Kimani Dr. Munguti |
| 1220 | Do not be fooled by the great masquerader - Pulmonary Embolism | Dr. Fred Dr. Odhiambo Dr. Mzee |

| 1300 | Time to rejuvenate yourselves! LUNCH | |
|------|--|--|
| 1400 | How to assess and treat a clinically unstable patient with a slow pulse - Bradyarrhythmias | Dr. Soud, Dr. Khuzeima, Charles, Hellen, Adams, Parag |
| 1445 | If it is fast and unstable, then what do I do? - Tachyarrhythmias | Dr. Soud, Dr. Khuz, Charles, Hellen, Adams, Parag |
| 1530 | Q&A Industry sponsored session regarding anti-thrombotic therapy | |
| 1600 | Time to stretch yourselves! BREAK | |
| 1610 | Oh no! Another patient who is short of breath and hypotensive, but does not have a MI or PE! - Cardiac Tamponade | Drs. Hussein, Adams, Nyamu, Githura |
| 1610 | An extremely hypertensive patient is in A&E, is it life threatening? - Hypertensive urgency - Hypertensive emergency - Acute aortic syndromes | Drs. Hussein, Adams, Nyamu, Githura |
| 1745 | Preparation for hands on training | Dr. Parag |

3. School Of Intervention

- a. How To Do Peripheral Arterial Disease Intervention
- b. How To Do Trans-Septal Puncture

| | WEDNESDAY APRIL 24 th 2024 HOW TO: PERIPHERAL ARTERIAL DISEASE INTERVENTION | |
|------|---|---|
| 1100 | Objectives of the session - Indications, contraindications and limitations of peripheral intervention | Mustafa Musajee, Kenya |
| 1110 | Medical therapy before and during the procedure | Hardeep Gill, Kenya |
| 1125 | Access and closure techniques | Hany Zayed, UK (v) |
| 1155 | Demonstration of U/S guided access and closure devices | Naushad Karim, Kenya Hardeep Gill, Kenya Mustafa Musajee, Kenya |
| 1210 | Crossing the lesion, wire and catheter choices | Hany Zayed, UK (v) |
| 1230 | What equipment should be used on which patient and how (Stent: self-expanding/ Balloon/ atherectomy/IVL) – evidence supported treatment for CLI | Narayan Thulasidasan, UK (v) |
| 1300 | Post-procedure care | Hardeep Gill, Kenya |
| 1315 | Complications | Becky Sanford, UK (v) |
| 1330 | Pearls from the panel and simulator session registration | Faculty |
| 1335 | LUNCH | |

| | WEDNESDAY APRIL 24 th , 2024 HOW TO: TRANS-SEPTAL PUNCTURE | |
|------|---|------------------------------------|
| 1430 | Objectives of the session | Sajidah Khan, South Africa |
| 1435 | Indications for trans-septal puncture | Sajidah Khan, South Africa |
| 1440 | Preparing the patient for trans-septal puncture | Muzahir Tayebjee, UK |
| 1445 | Important anatomy of the inter-atrial septum | Sajidah Khan, South Africa |
| 1450 | Access and closure (safe femoral puncture techniques) | Ijeoma Ekeruo, USA |
| 1500 | Fluoroscopy guided trans-septal puncture in normal cardiac anatomy and in patients with rheumatic heart disease | Muzahir Tayebjee / Sajidah Khan |
| 1530 | TOE-guided trans-septal puncture | Ijeoma Ekeruo, USA |
| 1545 | Complications | Habib Gamra, Tunisia |
| 1600 | Pearls from the panel | Christine Jowi, Kenya |

4. ROUND TABLE MEETINGS (INVITATION ONLY) a. CARDIOVASCULAR RESEARCH IN AFRICA

| | WEDNESDAY APRIL 24th 2024 AFTERNOON | |
|------|--|---|
| | CARDIOVASCULAR RESEARCH IN AFRICA | |
| | Debra Isaac, Gerald Yonga, Jasmeet Shah, Constantine Akwanalo, Lilian Mb Bernard Gitura, Emmy Okello, Pedro Pallangyo, Martin Murage, Mohamed Coladipupo Olafiranye, Selma Mohammed, Lydia Kaduka, AJ Hale, Cheryl K Nadeem Kassam | Janaby, Nadeem Kassam, |
| | The European Heart Journal Session | |
| 1200 | The Best 15 Abstracts of AfricaSTEMI 2024 – Entry 1 to 5 | Emmy Okello, Chris Granger, Habib Gamra |
| 1300 | Best of The European Heart Journal 2023/2024 | Filippo Crea, Italy (v) |
| 1310 | Best of The Cardiovascular Journal of Africa 2023/2024 | Patrick Commerford, South Africa (v) |
| 1320 | The Best African Publications in 2023 | Elijah Ogola, Kenya |
| 1330 | Geographic distribution of publications on the African continent during the last 10 years | Habib Gamra, Tunisia |
| 1340 | Panel discussion | Bernard Gersh, USA |
| | George Mensah's Address | |
| 1400 | Supporting Health Research Capacity in Africa: A Decade of Progress at NIH/NHLBI | George Mensah, USA (v) |
| 1430 | Audience discussion: Research gaps, critical challenges, and unaddressed scientific questions. | Panel (moderated by Mohamed Janaby and Nadeem Kassam) |
| 1440 | Audience discussion: How attendees at this meeting can contribute to capacity building for clinical research and practice | |
| 1450 | Audience discussion: Next steps. Opportunities for collaboration. | |
| 1500 | The Best 15 Abstracts of AfricaSTEMI 2024 – Entry 6 to 15 | |
| 1700 | Judging panel and end of session | Emmy Okello, Felix Barasa, Chris Granger |

b. <u>SUDDEN CARDIAC ARREST IN AFRICA</u>

| | .1. | 1 |
|------|---|--|
| | WEDNESDAY APRIL 25 th 2024 AFTERNOON ROUNDTABLE ON SUDDEN CARDIAC ARREST IN AFRICA | |
| | Emmanuel Edafe (Nigeria), Jean Wanjema (Kenya), Ben Wachira (Kenya), Seifu Chiri (Ethiopia), Leandre Nsanzumuhire (Rwanda), Willy Mucyo (Rwanda), Fifi Asamoah (Ghana), Brian Vezi (South Africa), Chris Granger (USA), Brian Vezi (South Africa), Peris Asenji (Kenya), Philipa Mutua (Kenya), Mario Affonati (USA), Yvette Kiseka (Kenya), George Longopa (Tanzania), Jose Roberto dos Santos (Angola), Jean Wanjema (Kenya), | |
| | | |
| | | |
| | James Kayima (Uganda), Simon Mwaura (Kenya), Carol Petua Akinyi (Kenya), Anastase Dzudie (Cameroon)(v) Salah Mohamed, Sudan | |
| | Out-of-hospital Cardiac Arrest and the General Public in Africa | Carolina Mata Hansen Denmark, Albert Nyanga, Cameroon, Jean Wanjema, Kenya |
| 1700 | Epidemiology of cardiac arrest in Africa and outcomes. Do we need to establish a cardiac arrest registry in low-resource communities. | Anastase Dzudi, Caeroon (v) |
| 1715 | Do people know how to recognize a cardiac arrest and what to do? | Parag Patel, USA |
| | | Peris Asenji, Kenya, |
| 1730 | What is the prehospital set up in Kenya including dispatch-assisted CPR | Philipa Mutua, Kenya |
| 1740 | What is the pre-hospital set up for sports events, any AEDs? | Carol Petua Akinyi, Kenya |
| 1750 | Question and Answer session | |
| 1800 | Who is training the public in resuscitation in Ghana | Kofi Tekyi Asamoah, Ghana |
| 1810 | What is the setup for prehospital defibrillation in Kenya | Peris Asenji, Kenya, Philipa Mutua, Kenya |
| 1820 | What is the setup for prehospital defibrillation in Nigeria | Emmanuel Edafe, Nigeria |
| 1840 | What happens when someone is successfully resuscitated in Uganda | James Kayima, Uganda |
| 1850 | Question and Answer session | 7 7 0 |
| | Pre-hospital treatment of Cardiac Arrest | |
| 1900 | How to improve pre-hospital treatment in Kenya | Ben Wachira, Kenya |
| 1910 | How to improve pre-hospital treatment in Angola | Jose Roberto dos Santos, Angola |
| 1920 | How to improve pre-hospital treatment in South Africa | Brian Vezi, South Africa |
| | In-hospital Cardiac Arrest in Africa | |
| 1930 | In-hospital cardiac arrest in Uganda | James Kayima, Uganda |
| 1940 | In-hospital cardiac arrest in Nigeria | Emmanuel Edafe, Nigeria |
| 1950 | In-hospital cardiac arrest in Ghana | Kofi Tekyi Asamoah, Ghana |
| | I | <i>J</i> , |

5. THE BEST CLINICAL CASES (PART 1)

| | WEDNESDAY APRIL 24th 2024 | Salah Mohamed, Sudan |
|------|---|-----------------------------|
| | CLINICAL CASES 1700 TO 1830 | Abraha Hailu, Ethiopia, |
| | | Mazen Albaghdadi, USA, |
| | | Khuzeima Khanbhai, Tanzania |
| 1700 | Atypical Myocardial Infarction Patterns | |
| 1710 | STEMI could be a time of war | |
| 1720 | Generic heparin in the cathlab | |
| 1730 | To Endarterectomy Or Not To Endarterectomy? | |
| 1740 | Dilemma | |
| 1750 | Stroke and MI | |
| 1800 | Surviving the odds | |
| 1810 | A challenging surgical case | |
| 1820 | The case for FFR | |

THURSDAY APRIL 25TH

- 7. The Plenary Program Heart Of Africa
- 8. Hands-On Contrast Echocardiography
- 9. The Best Clinical Cases (Part 2)
- 10. Acute Cardiac Emergencies Course Workshops focus on the ECG in acute cardiac emergencies, how to administer thrombolysis and first responder priorities
- 11. School Of Intervention
 - How To Do Percutaneous Coronary Intervention
- 12. Round Table: Quality and Access in Echo in Africa (Invitation Only)

7. The Plenary Program - Heart Of Africa

| | THURSDAY APRIL 25 th 2024 | |
|------|--|--|
| | ACUTE CORONARY SYNDROMES | Harun Otieno, USA/Kenya Sajidah Khan, South Africa |
| 0800 | STEMI Live! An imperfect STEMI journey- strengths and weaknesses in our patient's pathway. | Emmy Okello, Uganda James Kayima, Uganda |
| 0900 | Ten commandments of ACS care in Africa in ten minutes. | Jens Hitzeroth, South Africa |
| 0910 | Panel discussion – Spotlight on Gambia, Cameroon and Nigeria | Lamin Jaiteh, Gambia Emmanuel Edafe, Nigeria, Mathilde Mbouk, Cameroon |
| 0930 | Audience discussion and survey by Menti/Kahoot. Update on access to STEMI drugs and treatments in Africa. Update on troponin. What is different about Africa? | |
| 0945 | What is new in ACS care in 2024? | Rob Welsh, Canada |
| 1015 | KEYNOTE ADDRESS: The American College of Cardiology concept of a centre of excellence in Acute Myocardial Infarction. | Hadley Wilson, USA |
| 1030 | TEA BREAK | |
| | SUDDEN CARDIAC ARREST | Mohamed Jeilan, Kenya Dave Kettles, South Africa |
| 1100 | Sudden death after an acute myocardial infarction – causes and triggers | Mohamed Salim, Kenya |
| 1115 | First responder opportunities | Carolina Mata Hansen, Denmark |
| 1130 | A first responder experience I will never forget | Jean Wanjema, Kenya |
| 1145 | A resuscitation experience I will never forget | David Kettles, South Africa |
| 1200 | Audience discussion: Epidemiology and outcomes in out-of-hospital cardiac arrest in Africa. What do we know and what must we learn? | Carolina Mata Hansen, Denmark |
| 1215 | Updates in resuscitation in 2024. | Rob Welsh, Canada |
| | SHOCK | Mohamed Jeilan, Kenya Dave Kettles, South Africa |
| 1230 | Case based discussion. Drugs, revascularisation, and gadgets. State-of theart on management of shock. | Hadley Wilson, USA |
| 1245 | Mechanical circulatory devices and ECMO in Africa - which should we invest in? | Charles Kariuki, Kenya |
| 1300 | Panel discussion | |
| 1320 | GROUP PHOTO | Loreen Akinyi, Kenya |
| 1330 | LUNCH | |
| 1430 | HEART FAILURE | Swaleh Misfar, Kenya Selma Mohammed, USA |
| 1430 | <u>Sponsored talk Novartis.</u> Implementation strategies for HF in Africa (including STRONG HF) | Mohamed Janaby, Tanzania |
| 1450 | Sponsored talk BI. My experience as a Flozinator. Versatile across multiple HF grades and classes. | Ngoba Tsabedze, South Africa (v) |
| 1510 | Audience discussion | |

| 1520 | Audience participation session. How would YOU evaluate my patient with HF? | Anders Barasa, Denmark (v) |
|------|---|--|
| 1550 | Towards managing advanced heart failure | Swaleh Misfar, Kenya |
| 1610 | LVAD and heart transplant in Africa: access, costs, opportunities and challenges? | Selma Mohammed, USA |
| 1630 | Audience discussion: What is the next frontier in HF management in Africa? | Debra Isaac, Parag Patel |
| 1700 | DEVICES IN CARDIOVASCULAR MEDICINE | Parag Patel, USA Barbara Karau, Kenya |
| 1700 | To ICD or not to ICD in Africa. The case for ICDs (7min) | Ijeoma Ekeruo, USA |
| 1707 | To ICD or not to ICD in Africa. The case against ICDs (7min) | Mohsen Gaballa, Kenya |
| 1714 | Audience discussion (10min) | |
| 1725 | Expert Panellists final word (5min) | Muzahir Tayebjee, UK |
| 1730 | Reusing pacemakers: state of the art | Thomas Crawford, USA |
| 1750 | Panel discussion | Emmanuel Edaffe/ Constantine |
| | | Akwanalo |
| 1800 | Meeting close. Sunset event vouchers distributed in main hall | |

8. <u>Hands-On Contrast Echocardiography (Limited numbers)</u>

| Advanced Contrast Echo Certificate program: 25 th April 2024 | | |
|---|---|-------------------------------|
| Grp1 | Live scan Patients – LV thrombus ambiguity | Mike Foster/ Sheila Klassen |
| Grp2 | Live scan Patients – Wall motion assessment | Yvonne Oketch/ Jonathan |
| | | Lindner |
| Grp3 | Live scan Patients – LV thrombus ambiguity | Karishma Shah/ Sheila Klassen |

9. The Best Clinical Cases (Part 2)

| | THURSDAY APRIL 25 th 2024 | Salah Mohamed, Sudan |
|------|--|-----------------------------|
| | CLINICAL CASES 1230 TO 1430 | Abraha Hailu, Ethiopia, |
| | | Mazen Albaghdadi, USA, |
| | | Khuzeima Khanbhai, Tanzania |
| 1230 | post AVR sinus of valsalva | |
| 1240 | An unusual peripartum cause of pulmonary edema | |
| 1250 | Multi-modality imaging exemplified in cardio-oncology | |
| 1300 | SCAD managed conservatively for more than one year | |
| 1310 | Approaches to Hypertensive urgencies | |
| 1320 | Case series of catheter based thrombolysis | |
| 1330 | Salt looks like sugar | |
| 1340 | Two chimneys and one valve | |
| 1350 | A complex coronary case | |
| 1400 | The whirlpool - anticoagulate or not? | |
| 1410 | Multiple atherosclerotic beds in HIV | |
| 1420 | Surveillance and Management of Coronary Artery Disease and Risk of | |
| | Sudden Cardiac Death in Asymptomatic Apical HOCM | |

- 10. <u>Acute Cardiac Emergencies Course Workshops</u>
 - a. The ECG in Acute Cardiac Emergencies
 - b. How to Thrombolyze Effectively
 - c. First Responder Interventions

THURSDAY 25TH APRIL 2024 (02:00 PM - 05:00 PM) - MI

| TIME | TITLE OF THE TALK | INSTRUCTORS |
|---------------------|--|----------------------------|
| 02:00 pm - 03:00 pm | 12 Lead ECG interpretation | Dr. Priyanka Dr. Kimani |
| 03:00 pm - 04:00 pm | Troubleshoot and assess for STEMI | Dr. Priyanka Dr. Kimani |
| 04:00 pm - 04:30 pm | Thrombolytic therapy - Indications - Contraindications | Dr. Priyanka Dr. Kimani |
| 04:30 pm - 05:00 pm | Demonstration of thrombolsyis | Emcure representative |
| 05:00 pm - 05:30 pm | How to transfer a patient to a PCI Centre | Dr. Priyanka Dr. Kimani |

11. <u>School Of Intervention: How To Do Percutaneous</u> <u>Coronary Intervention</u>

| | THURSDAY APRIL 25 th 2024 | |
|------|---|--------------------------------|
| | HOW TO: FUNDAMENTALS OF PERCUTANEOUS CORONARY INTERVENTION | |
| 1630 | Objectives of the session | Habib Gamra, Tunisia |
| 1635 | Case based discussion – Was the intervention indicated, appropriately | |
| | prepared and planned? | Dave Kettles, South Africa |
| 1700 | Choosing and using a good access site: techniques for a safe start | Jens Hitzeroth, South Africa |
| 1715 | Lesion preparation for DES interventions including an understanding | |
| | of coronary dissection types | Khuzeima Khanbhai, Tanzania |
| 1730 | How I build up my strategy for safe and durable PCI | Dave Kettles, South Africa |
| 1740 | What could possibly go wrong? Can I prevent procedural | |
| | complications? | Tayo Addo, USA |
| 1750 | Pearls from the panel | Habib Gamra/ Mohsen Gaballa/ |
| | realls from the paner | Charles Kariuki/ Martin Murage |

12. Roundtable: Quality and Access in Echo and CV imaging in Africa (Invitation Only)

| | THURSDAY APRIL 25 th 2024 | |
|--------------|---|---------------------|
| | ENHANCING QUALITY IN ECHOCARDIOGRAPHY AND NON-INVASIVE IMAGING IN AFRICA | |
| | Sheila Klassen, Mike Foster, Jonathan Lindner, Hellen Nguchu, Elijah Ogola, Felix Barasa, Daniel Gikonyo, Kevin Ombati, Cynthia Sempele, Tayo Addo, Felix Barasa, Abraha Hailu, Alemayehu Bekele, Mohamed | |
| | | |
| | Janaby, Mohamed Alfy, Emmy Okello | |
| 1730 | Echo certification. What does it involve in North and South America? | NBE representative |
| 1745 | Echo certification. What is happening in Africa? Perspectives from | Audience discussion |
| | Ethiopia, Kenya, Tanzania, Nigeria, Egypt, Uganda | |
| 1 <u>800</u> | Is it possible to establish common curricula in echo? What are the | |
| | challenges and opportunities? | |
| 1810 | Is it possible to establish common criteria for certification in echo? What | |
| | are the challenges and opportunities? | |
| 1820 | Advanced echo technologies. What are they and what is their value? | Jonathan Lindner |
| 1830 | Access to advanced echo technologies in Africa, State of the continent. | |
| | Ghana, Gambia, Tunisia, Kenya, South Africa, Angola, Egypt | |
| 1840 | Access to non-invasive imaging technologies in Africa, State of the | |
| | continent. Ghana, Gambia, Tunisia, Kenya, South Africa, Angola, Egypt | |
| 1900 | Cardiac imaging training and certification. What does it involve in North | NBE representative |
| | and South America? | |
| 1910 | Cardiac imaging certification. What is happening in Africa? Perspectives | |
| | from Ethiopia, Kenya, Tanzania, Ghana, Nigeria, Egypt, Uganda | |
| 1920 | Is it possible to establish common criteria for curricula and certification in | |
| | imaging certification? What are the challenges and opportunities? | |
| 1930 | Audience discussion: Next steps. Opportunities for collaboration. | |
| 2000 | Meeting close | |

FRIDAY APRIL 26TH

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 - How To Do: LBB Area Pacing
 - How To Do: Advanced PCI

13. <u>The Plenary Program - Heart Of Africa</u>

| | FRIDAY APRIL 26 th 2024 | |
|------|--|---|
| | CCU LIVE! | Emmy Okello, Uganda Mohamed Jeilan, Kenya |
| 0800 | CCU Live! And Direct from the JKCI, Dar es Salaam, Tanzania | Khuzeima Khanbhai, Martin Mvwile |
| 0900 | Panel discussion – Last night's admissions to my centre in my country | Jens Hitzeroth, Emmy Okello, Mzee Ngunga |
| 0915 | FROM ACUTE TO CHRONIC CORONARY SYNDROMES | |
| 0915 | Drug and interventional choices in the management of stable angina. | Mohamed Jeilan, Kenya |
| 0930 | Antiplatelet options in chronic coronary syndromes | Rob Welsh, Canada |
| | Sponsored. Residual risk reduction and the novel agents for dyslipidemia including Inclisaran | Alemayehu Bekele, Ethiopia |
| | Audience survey and discussion: access to drugs, interventions and cardiac rehabilitation in African countries | |
| 1010 | Risk stratification for chronic coronary syndromes | Bernard Gersh |
| | TEA BREAK | |
| 1100 | PREVENTIVE CARDIOLOGY | Chris Granger, USA Lois Wagana, Kenya |
| 1100 | Sponsored. A patient at risk of CVD who has early signs of kidney disease. | Elliot Tannor, Ghana |
| 1115 | Challenges and opportunities for controlling hypertension across the globe | Elijah Ogola, Kenya |
| 1130 | Stroke care: What every cardiologist should know | Chris Granger, USA |
| 1145 | Sponsored. Dabigatran; are all DOACs equal? | Constantine Akwanalo, Kenya |
| 1200 | Panel discussion | |
| | KEYNOTE PRESENTATION by the President of the European Society of Cardiology. "The Past, Present and Future of Cardiovascular Disease." | Thomas Luescher, Switzerland (v) |
| | LAUNCH AND LUNCH Sponsored. Should 40mg of rosuvastatin be a standard dose for secondary prevention and high CV risk patients? | Mzee Ngunga, Kenya |
| | PRIZES and AWARDS | Lois Wagana, Kenya |
| 1400 | THE WEIRD AND WONDERFUL CARDIOLOGY SHOW | Sajidah Khan, South Africa Yemi Johnson, Nigeria |
| 1430 | I bet you'll never see an NSTEMI like this! When being right is wrong! | Mzee Ngunga, Kenya |
| 1440 | Weird and wonderful case two | Selma Mohammed, USA |
| 1450 | Sajidah's cases | Sajidah Khan, South Africa |
| 1500 | Weird and wonderful case four | Ijeoma Ekeruo, USA |
| 1510 | Audience discussion | |
| 1530 | The ten drugs you should stop for patients with cardiovascular disease | Chris Granger, USA |
| 1545 | Cardiovascular signs of patients with systemic disease | Jonathan Lindner, USA |
| 1600 | OBESITY | Harun Otieno, USA Hassan Aden, Kenya |
| | Case vignette. The problem with obesity and how to address it. Step by step management of obesity | Erick Njenga, Kenya |
| | How to initiate drug therapies for sustained weight management. | Rosslyn Ngugi, Kenya |
| 1630 | Audience quiz/discussion: Is obesity a curable disease or a lifestyle choice? | |
| | Audience quizzuiscussion. Is obesity a curable disease of a tigestyle choice: | |

| 1710 | How to treat patients with cardiovascular disease in a war zone | Ahmed Suliman, Sudan Abraha Hailu, Ethiopia |
|------|---|--|
| 1730 | Audience discussion | |
| 1800 | Gala dinner tickets distributed in main hall | |

14. The Moderated Abstracts

| | FRIDAY APRIL 26 th 2024 | Emmy Okello, Uganda |
|------|------------------------------------|----------------------|
| | MODERATED ABSTRACTS 1100 TO 1300 | Chris Granger, USA |
| | | Habib Gamra, Tunisia |
| 1100 | Abstract 1 | |
| 1108 | Abstract 2 | |
| 1116 | Abstract 3 | |
| 1124 | Abstract 4 | |
| 1132 | Abstract 5 | |
| 1140 | Abstract 6 | |
| 1148 | Abstract 7 | |
| 1156 | Abstract 8 | |
| 1204 | Abstract 9 | |
| 1212 | Abstract 10 | |
| 1220 | Abstract 11 | |
| 1228 | Abstract 12 | |
| 1236 | Abstract 13 | |
| 1244 | Abstract 14 | |
| 1252 | Abstract 15 | |

15. The Best Clinical Cases (Part 3)

| | FRIDAY APRIL 26th 2024 | Salah Mohamed, Sudan |
|------|---|-----------------------------|
| | CLINICAL CASES 1300 TO 1400 | Abraha Hailu, Ethiopia, |
| | | Mazen Albaghdadi, USA, |
| | | Khuzeima Khanbhai, Tanzania |
| 1300 | Aspirin "allergy" - what we did | |
| 1310 | TAVI - expanding indications? | |
| 1320 | An unusual cause of MI - double burden of disease | |
| 1330 | NSTEMI risk stratification is not a joke | |
| 1340 | Endomyocardial fibrosis | |
| 1350 | Anomalous RCA | |

16. <u>Acute Cardiovascular Care Course Workshops – Focus On POCUS</u>

FRIDAY 26TH APRIL 2024 (02:00 PM - 05:00 PM) - POCUS

| | TITLE OF THE TALK | INSTRUCTORS |
|------------------------------|--|--|
| 02:00 pm - 05:00 pm | Point of Care Ultrasound (POCUS) in acute cardiac emergencies with Live Patients | Dr. Kagona Dr. Ruth Dr. Adams Dr. Githura |

17. <u>School Of Intervention</u>

- a. How To Do: Left Bundle Branch Area Pacing
- b. How To Do: Advanced PCI

| | FRIDAY APRIL 26 th 2024 HOW TO: LEFT BUNDLE BRANCH AREA PACING | |
|------|--|--------------------------|
| 1430 | Objectives of the session | Muzahir Tayebjee, UK |
| 1435 | Who needs it in a nutshell | Brian Vezi, South Africa |
| 1440 | Understanding the relevant anatomy of the LBB area and localising | |
| | the LBB area on fluoroscopy | Muzahir Tayebjee, UK |
| 1500 | The procedure: step-by-step (Biotronik guiding sheath) | Brian Vezi, South Africa |
| 1520 | The procedure: step-by-step (Medtronic) | Ijeoma Ekeruo/ Muzahir |
| | The procedure, step-by-step (wednome) | Tayebjee |
| 1530 | What constitutes a successful lead deployment – simplified electrical | |
| | clues | Mohamed Salim, Kenya |
| 1540 | Panel discussion: What is the worst that could happen? And what can | |
| | be done about it | Brian Vezi, South Africa |
| 1555 | Pearls from the panel | Sherif Habiba/ Mervat |
| | | Aboulmaaty |

| | FRIDAY APRIL 26 th 2024 HOW TO: ADVANCED PERCUTANEOUS CORONARY INTERVENTION | |
|------|---|-------------------------------------|
| 1600 | Objectives of the session | Dave Kettles, South Africa |
| 1610 | Understanding intravascular ultrasound – an atlas of cases | Mohamed Jeilan, Kenya |
| 1630 | Bifurcations – evidence supported strategies | Oladipupo Olafiranye, USA |
| 1650 | Dealing with calcium | Dave Kettles, South Africa |
| 1710 | Techniques to increase support in complex and tortuous lesions | Jens Hitzeroth, South Africa |
| 1730 | Toolbox and tips for managing complications | Mohsen Gaballa, Kenya |
| 1750 | Pearls from the panel | Bernard Gitura/ Mazen Albaghdadi |

SATURDAY APRIL 27TH

- 18. The Heart Clinic Ambulatory Cardiology For Doctors and Cardiac Nurses and Technicians
- 19. Cardiovascular Intervention Africa
- 20. Advanced Cardiac Life Support Certified Course
- 21. The Best Clinical Cases (Part 4)

18. <u>The Heart Clinic – Ambulatory Cardiology For Doctors</u> and Cardiac Nurses and Technicians

| | SATURDAY APRIL 27 th 2024 | |
|------|---|--------------------------------|
| | THE HEART CLINIC | |
| 0800 | Registration | |
| 0830 | Morning session: ECG – rest, stress, ambulatory | Muzahir Tayebjee, UK |
| | | Redempta Kimeu, Kenya |
| 0830 | Exercise Stress ECG - overview of indications and roles | Redempta Kimeu, Kenya |
| 0850 | Case based Exercise Stress ECG for ischemia assessment | Redempta Kimeu, Kenya |
| 0930 | Case based Exercise Stress ECG for arrhythmia assessment | Muzahir Tayebjee, UK |
| 0950 | Audience discussion | |
| 1000 | Interesting ECG traces from AFHRA – part one | Muzahir Tayebjee, UK |
| 1030 | TEA BREAK | |
| 1100 | Interesting ECG traces from AFHRA – part two | Muzahir Tayebjee, UK |
| 1120 | Holter monitors, loop recorders and smart watches - a plethora of choices | Hassan Aden/ Chris Granger |
| 1140 | Device detected atrial fibrillation – what next | Chris Granger, USA |
| 1200 | Case based decision making on Holter Monitor in 40 minutes | Ijeoma Ekeruo, USA |
| 1240 | What to do with PVCs | Bernard Gersh, USA |
| 1300 | LUNCH | |
| 1400 | Afternoon session: Provocation tests, Blood Pressure and Devices | Barbara Karau, Kenya |
| | | Anthony Ochola, Kenya |
| 1400 | The tilt table test – who needs it and how it is best performed | Mzee Ngunga, Kenya |
| 1415 | The tilt table test – common challenges in interpretation | Mervat Aboulmaaty, Egypt |
| 1430 | Audience discussion on Tilt table testing | Barbara Karau/ Anthony Gikonyo |
| 1445 | Pacemaker and ICD interrogation - Part one (introduction to electrograms) | AJ Hale, USA |
| 1500 | Pacemaker and ICD interrogation - Part two (interesting electrograms) | Muzahir Tayebjee, UK |
| 1530 | TEA | |
| 1600 | Back to Basics - Ambulatory Blood Pressure Monitors | Anthony Ochola, Kenya |
| 1620 | Back to Basic – Evaluation for endocrine causes of hypertension | Salim Abdallah Salim, Kenya |
| 1640 | Audience discussion | |
| 1700 | Meeting close | |

19. <u>Cardiovascular Intervention Africa</u>

| | SATURDAY APRIL 27 th 2024 | |
|------|---|---|
| | CARDIOVASCULAR INTERVENTION AFRICA | |
| 0830 | Early Morning Session: Coronary Intervention | Habib Gamra, Tunisia |
| 2252 | | Mohsen Gaballa, Kenya |
| 0830 | Sponsored talk. Drug management of angina. | Mohamed Jeilan, Kenya |
| 0900 | Debate: Coronary imaging: Intracoronary imaging should be a routine part | Etienne Amendeezo, Rwanda |
| | of PCI | James Kayima, Uganda |
| | For (10min) | |
| | Against (10min) | |
| | Audience discussion (10min) | |
| 0930 | What would YOU do? | Chair: Emmy Okello, Uganda |
| | Cases that have taught me a lesson (10 minutes per case). | Panel: Mohamed Jeilan, Njambi Mathenge |
| | Case 1. Khuzeima Khanbhai | |
| | Case 2. David Kanyeki | |
| | Case 3. Yemi Johnson | |
| | | |
| 1010 | Sponsored talk. LCA treatment using ULTIMA TANSEI stent | Mohsen Gaballa, Kenya |
| 1030 | TEA BREAK | |
| 0830 | Late Morning Session: Mixed bag | Harun Otieno, USA |
| 1100 | Audience participation session: Help me with my patient presenting with recurrent ACS. | Charles Kariuki, Kenya |
| 1130 | One sided debate: Drug eluting balloons should be the first line option in coronary intervention (rather than drug-eluting stents). | Hussein Hishmat, UAE (v) |
| 1150 | Audience rebuttal | |
| 1200 | Update on transcatheter aortic valve replacement | Etienne Amendeezo, Rwanda |
| 1220 | MitraClip in Africa – the Cape Town experience | Jens Hitzeroth, South Africa |
| 1240 | Percutaneous intervention for pulmonary embolism | Mazen Albaghdadi, USA |
| 1300 | LUNCH BOX SESSION | Valentin Guryev, Russia |
| 1000 | Sponsored talk. Percutaneous Coronary Intervention in STEMI. An | , areman surjet, raussia |
| | unfavourable scenario. | |
| 1400 | Afternoon Session: Complex cases and disasters | Mazen Albaghdadi, USA |
| | • | Tayo Addo, Nogeria |
| 1400 | Disasters in the cathlab | |
| | Quickfire international cases (8 minutes per case) | |
| | Case 1. Rob Welsh (Canada) | |
| | Case 2. Oladipupo Olafarinywe (USA) | |
| | Case 3. Dave Kettles (SA) | |
| | Case 4. Mohsen Gaballa (Kenya) | |
| 1500 | How I break good news and bad news in the cathlab environment | Hellen Nguchu, Kenya |
| 1515 | Discussion | |
| 1600 | Complex high-risk intervention- with mechanical circulatory support | Hadley Wilson, USA |
| 1615 | How the Ischemia trial has and has not affected my clinical practice – an | Hadley Wilson, USA |
| | interventionalist's perspective | |
| 1700 | Meeting Close | |

20. Advanced Cardiac Life Support Certified Course

| TIME | SESSION | INSTRUCTORS |
|----------|---------------------------------------|-------------------------|
| 60 mins | CPR + AED + Basic Airway + Choking | Ms. Caroline |
| 60 mins | ECG Interpretation | Dr. Priyanka |
| 60 mins | Use Of A Manual Defibrillator | Dr. Fred Mr. Dennis |
| 60 mins | Advanced Airway | Dr. Hamdi Dr. Akshay |
| 120 mins | Megacodes | Dr. Hamdi Dr. Akshay |

21. The Best Clinical Cases (Part 4)

| | SATURDAY APRIL 27 th 2024 | Salah Mohamed, Sudan |
|---------|--|-----------------------------|
| | CLINICAL CASES 1300 TO 1500 | Abraha Hailu, Ethiopia, |
| | | Mazen Albaghdadi, USA, |
| | | Khuzeima Khanbhai, Tanzania |
| 1300 | Franks sign | |
| 1310 | Dobutamine stress echo to evaluate aortic stenosis | |
| 1320 | Contrast echo - a valuable tool | |
| 1330 | Clopidogrel induced complications | |
| 1340 | Case study on Peripheral Arterial Calcification in Diabetes mellitus | |
| 1.5.7.0 | Patients | |
| 1350 | Cardiac complications of lupus - two cases | |
| 1400 | Coronary artery ectasia and stenosis in a patient with severe aortic | |
| | regurgitation | |
| 1410 | A Unique case of Percutaneous Mitral Balloon Commissurotomy with | |
| | Transposition of Inferior Vena Cava in Africa. | |
| 1420 | Epicardial mass | |
| 1430 | SCAD managed conservatively for more than one year | |
| 1440 | Left main intervention? | |
| 1450 | New valve in a new town. Three TAVR cases in Dar es Salaam | |
| 1500 | When right is wrong - mirror image rheumatic mitral stenosis | |
| 1510 | That's about the size of it | |
| 1520 | Adhoc CTO intervention | |